



Autism Intervention Research
Network on Physical Health

AIR-P Network Newsletter

DON'T FORGET!



...to register for our [webinar](#) held on **Tuesday 11/8 at 4:00pm ET/
1:00pm PT!** More information on the webinar below.

AIR-P Presents: Systems and Approaches in Autism Services Research



Presented by:

[Monique Botha, PhD](#) (they/them)

In this talk, Dr. Botha will discuss the relevance of the Minority Stress Model for understanding health outcomes in the autistic community. The minority stress model posits that marginalized groups have an additional stress burden to contend with related to living in unequal society. This stress burden can translate into health inequalities. Yet, there are also factors which may buffer against these effects such as community connectedness, collective resilience, and positive identity, and the creativity of marginalized communities in facing minority stress should not be ignored.

Topics will include:

Commented [MB1]: Should we send a one of to the listerv?
I can add in December's webinar info when I receive it

Commented [DK2R1]: Yes. I can send a one off to the listerv tomorrow (11/3). Adding the Dec webinar instead sounds good!

- Autistic people are a marginalized community who are exposed to minority stress.
- Minority stress refers to the additional stress burden marginalized people experience (on top of every day stress).
- Minority stress does predict mental health outcomes for autistic people, and potentially may also contribute to the physical health disparities seen in the community.
- But, marginalized community are more than the bad things that happen to us, and collective resilience, community connectedness and positive identity may buffer the effects of minority stress on health.

SAVE THE DATE

[AIR-P Research Day at AUCD 2022 Conference](#)

When: November 13-16, 2022

Where: Marriott Marquis Washington, DC

This AIR-P Research Day will be threaded throughout the AUCD 2022 conference. The AIR-P events will be held on Monday, Nov 14 and Tuesday, Nov 15. The final agendas for this event are available on the [event page](#).

AIR-P Poster Symposium Presenters' Materials NOW AVAILABLE!

We invite you to view the e-posters, slides, and videos of those who will be presenting at the AIR-P Poster Symposium, as part of this Research Day. These materials are available on the [event page](#).

We encourage all prospective attendees to view these slides in advance of the event to help in formulating questions to ask these presenters during the event. We hope your questions spark discussion that will allow our selected presenters to gain guidance from experts and peers in the field.

INFRASTRUCTURE FOR COLLABORATIVE RESEARCH (ICR)

The ICR team is seeking individuals to review research proposals for their database.

Commented [MB3]: Before I add more info, Jules is this something we wanted to add in the newsletter?

The invitation is open to self-advocates, current and previous members of AIR-P collaborative research entities, and AIR-P scholars. Research experience required

RESEARCH OPPORTUNITIES

❖ AIR-P Research Study: Dance for Children with Autism

Goal: This study will examine the effects of dance classes on motor skills and behavior. Kids are paired 1-to-1 with a teacher who will modify group classes to meet their unique needs & ability level.

Compensation: Upon completion of the study, participants will receive \$100 cash or gift card

Email to participate: AIRPdancestudy@mednet.ucla.edu

Contact Information: Phone: 310-206-1045 or Email: AIRPdancestudy@mednet.ucla.edu

❖ Florida State University Research Study: Project PEACES

Goal: Researchers at Florida State University, with financial support from the FAR Fund and the Frist Center for Autism and Innovation at Vanderbilt University, are studying how autistic students define collegiate success and what factors help these students thrive in college. You are invited to take part in the study because you identify as an autistic person and are currently enrolled as an undergraduate student in a college or university in the United States. Your involvement entails completion of an online survey we estimate will take about 30 minutes to complete.

Compensation: Participants will receive a \$25 gift card upon successful completion

To participate: Please follow [this link](#)

Contact Information: Dr. Bradley E. Cox (brad.cox@fsu.edu) or Dr. Brett Ranon Nachman (bnachman@uark.edu)

❖ Kennedy Krieger Institute Research Study: 'G.I. Wanna Talk About Autism'

Goal: The goal of this study is to better understand the experiences, needs, and priorities of autistic adults with a history of gastrointestinal (GI) symptoms. We will use data to develop recommendations on how to improve the GI health of autistic adults. In this first phase of the study, we are looking to interview 20 autistic adults (18 years and older) with a history of gastrointestinal health symptoms. *This study was co-created with a community board, including autistic adults and other stakeholders. This study is funded by the Autism Intervention Research Network on Physical Health (AIR-P).*

To participate: Visit our website <https://www.giwannatalkaboutautism.com/> to learn more and to take the pre-enrollment screening survey. This screening survey will be used to select the participants for this study.

Compensation: Individuals who are selected to participate will receive \$10 per hour they participate in this study. Payment will be through a gift card of the participant's choice.

Contact information: [Calliope Holingue](mailto:Calliope.Holingue@ucsf.edu) (443) 691-1125

AIR-P SCHOLARSHIP AWARDEES

Congratulations to our third cohort of AIR-P Scholars!

| Applicant and Institution | Title | AIR-P Related-Node |
|---|---|--|
| Jenny Mai Phan, PhD <i>Center for Autism Spectrum Disorders at Children's National Hospital</i> | Evaluating autistic adolescents' and their caregiver's perceived utility and social validity of an online puberty and sexual health educational toolkit | Gender, Sexuality, and Reproductive Health |
| Meeryo Choe, MD <i>University of California, Los Angeles</i> | Characterizing Postural Orthostatic Tachycardia Syndrome (POTS) in Autistic Children | Neurology |

| | | |
|---|--|---|
| Alana McVey, PhD <i>University of Washington</i> | Redesign of Dialectical Behavior Therapy for Young People on the Autism Spectrum for Use in Community-Based Clinics: Discover Phase Part II: Demonstration Study | Community-Based Lifestyle Intervention |
| Laura Foran Lewis, PhD <i>University of Vermont</i> | Mapping Clinical Relationships Between Autism and Multisystem Autoimmune Manifestations | ***Needs Mentor*** Primary Care Services and Quality |

COMMUNITY GRANT COMPETITION AWARDEES

Congratulations to the AIR-P and the [Organization for Autism Research \(OAR\)](#) Community Grant Competition awardees!



Learn more about the grant winners [here!](#)

IN CASE YOU MISSED IT

In collaboration with the Association of University Centers on Disabilities (AUCD), we hold monthly webinars showcasing our work and current research. Previous webinar recordings can be found [here](#).



- In the October webinar, **Dr. Laura Crane** from the Centre for Research in Autism and Education (CRAE) discussed how researching in partnership can address these issues. Laura will present a case study of a research-school partnership, evaluating the use of flexible seating in classrooms. After collating the views of both staff and students, in a project co-designed by staff at the school, Laura presented recommendations on how flexible seating may support both neurodivergent and neurotypical children, and foster a more inclusive school environment.
 - View the recording [here](#)!
- **Dr. Alice Kuo** was featured in the *Pediatric Emergency Care* podcast, Dr. Ilene Claudius featured Dr. Alice Kuo. This episode focused on how to support autistic youth experiencing sensory agitation in the Emergency Department.
 - Listen to the episode [here](#)!
- **Dr. Emily Hotez** wrapped up her workshop series in July. The series titled, *Supporting Children with Disabilities: Lessons from the Pandemic, A Workshop*, focused on promising approaches and innovative strategies to address challenges faced by children with disabilities and their families during the pandemic. Topics included: access to clinical service and treatment needs, home caregiving, and mental health treatment with an emphasis on underserved/under resourced children and families.
 - Workshop recordings can be found [here](#)!
- The AIR-P has published a supplement in the PEDIATRICS journal!
 - Access the supplement articles [here](#)!

COMING SOON

- **December AIR-P Monthly Webinar: December 20, 2022, 4-5pm ET/1-2pm PT** – presentation by Dr. Heather Volk

Commented [MB4]: Hoping to update with ARRB highlights. They have a meeting 11/1

- **January AIR-P Monthly Webinar: January 2023** – 4-5pm ET/1-2pm PT presentation by Dr. Lindsay Shea and Dr. Jessica Rast
- **Is there a February webinar scheduled?**

Commented [DK5]: Deleted the Nov webinar that was listed here instead (will have passed by the time this newsletter goes out)

WANT TO SPOTLIGHT YOUR EVENT/RESEARCH/RECENT NEWS?



To request items for dissemination in our monthly newsletter or our social media platforms, please fill out the [AIR-P Collaboration Intake Form](#).

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